

## INSTRUCTIONS FOR THE PATIENT

### CINNABSIN

(25 mg + 25 mg + 25 mg + 25 mg) tablets  
Cinnabaris trit. D3, Hydrastis trit. D3, Kalium bichromicum  
trite. D3, Echinacea trit. D1  
Homeopathic medicine

**Read the entire article carefully before using this medicine instruction, because it contains important information for you.**

Always take this medicine as described in this leaflet or as your doctor or pharmacist told you.

- Save this instruction. It may be necessary to read it again.
- If you need additional information or you need advice, contact your pharmacist.
- If you experience any unwanted effects, contact your doctor or pharmacist. This includes possible unwanted ones actions that are not specified in this manual. See section 4.
- Contact your doctor if your condition does not improve or if it worsens.

### Content of this manual:

1. What is CINNABSIN and what is it used for?
2. What you need to know before you start taking CINNABSIN
3. How to take CINNABSIN
4. Possible side effects
5. How to store CINNABSIN
6. Package contents and additional information

### 1. What is CINNABSIN and what is it used for

CINNABSIN is a homeopathic medicine for the treatment of acute and chronic sinusitis. Cinnabsin, combination of four well proven homeopathic individual medicine, is special suitable for the treatment of various symptoms of sinusitis (frontal and maxillary sinusitis). Cinnabaris (Cinnabaris) brings fast and permanent relief of the characteristic symptoms of paranasal inflammation sinuses such as dull headache, drowsiness, tearing eyes and neuralgic pains in the face. It's Cinnabaris useful above all in the initial phase of the disease. Opposite of that, ingredients Hydrastis (Hydrasis) and Kalium bichromicum (Potassium bichromicum) act mainly on subacute and chronic course which are often encountered in long-term sinusitis. All three ingredients help to reduce swelling of the mucous membrane and make it easier nasal breathing. By reducing the secretion of mucus and phlegm, they also they facilitate the feeling of pressure in the entire head region. The fourth ingredient, Echinacea (Echinacea), gives a general boost to the immune system. In case of febrile infections, it promotes recovery and reduces likelihood of re-infection at all.

### 2. What you need to know before you start taking CINNABSIN

#### Do not take CINNABSIN

- in children under 2 years of age;
- if you are pregnant;
- if you are hypersensitive (allergic) to Echinacea or others components of the products listed in section 6.

In general, this drug should not be used in the case of progressive systemic diseases (such as tuberculosis, sarcoidosis), systemic diseases of the white blood cell system (e.g. leukemia and leukosis), autoimmune diseases (e.g. inflammatory collagen diseases (collagenosis), multiple sclerosis), immunodeficiency (AIDS, HIV infections), immunosuppression (e.g. after transplantation organs or bone marrow, chemotherapy), chronic viral diseases.

### Warnings and precautions:

There is a possible risk of anaphylactic reactions in atopic patients the patient. Atopic patients should consult with your doctor before using this medicine.

Consult a doctor:

- in case of swelling of the face, increase in body temperature and strong headaches,
- if your condition does not improve or worsens during the first two days of treatment,
- in the case of unexplained or new symptoms, it is necessary to look for them medical assistance.

### Children

Do not use CINNABSIN in children under 2 years of age age.

### Taking other medicines and CINNABSIN

Interactions with other drugs have not been recorded. Tell your doctor or pharmacist if you are taking, if you are up to have recently taken or are likely to take any another medicine.

### **Taking food and drink with CINNABSIN**

Bad habits of life, as well as stimulants or irritants and tobacco, can negatively affect the effect of the homeopathic medicine.

### **Pregnancy, breastfeeding and fertility**

Do not take this medicine if you are pregnant because it contains Echinacea. If you are breastfeeding, consult your doctor before taking of this medicine.

### **Driving vehicles and working on machines**

CINNABSIN has no influence on the ability to drive and manage machines.

### **CINNABSIN contains lactose (milk sugar) and wheat starch**

If you know you have an intolerance to certain sugars, consult a doctor before taking the medicine. This medicine is considered tolerable in people suffering from celiac disease. Patients who have an allergy to wheat (different from celiac disease) should not use this medicine.

### **3. How to take CINNABSIN**

If your doctor has not prescribed otherwise, always take it as the doctor or pharmacist told you. If you are not sure, consult a doctor or pharmacist. The recommended dose is:

Adults in acute conditions: 1 tablet is taken every hour time, up to a maximum of 12 tablets per day, until onset improvement. In the continuation of therapy, take 1-2 tablets 3 times a day.

#### **Use in children**

Children from 2 to 5 years: in acute conditions take 1 tablet 3 times a day, until improvement occurs. To continue the treatment, take 1 tablet 3 times a day.

Children from 6 to 11 years of age: in acute conditions, take 1 tablet every two hours, up to a maximum 6 tablets per day, while no improvement occurs. To continue the treatment, take 1 tablet 3 times a day.

Children 12 years and older: in acute conditions, take 1 tablet every hour, up to a maximum of 12 tablets per day, while no improvement occurs. To continue the treatment, take 1-2 tablets 3 times a day.

In chronic conditions; children and adults should take 1 tablet 3 times a day. It is recommended to continue the treatment from 4 to 6 week.

The tablets should be allowed to dissolve slowly in the mouth. For children, tablets can be dissolved with a little water.

Tablets should not be taken with food or drink. Leave an interval of about half an hour.

Cinnabsin is not recommended to take longer than 4 weeks without consultation with a doctor.

#### **If you take more CINNABSIN than you should**

There are no adverse effects in case of overdose.

If you take a significantly higher dose of this medicine, you should consult a doctor.

#### **If you forget to take CINNABSIN**

Do not take a double dose to make up for a missed dose tablet.

#### **If you stop taking CINNABSIN**

There are no adverse effects after stopping CINNABSIN.

In case of any ambiguities or questions regarding the application CINNABSIN contact your doctor or pharmacist.

### **4. Possible side effects**

Like all other medicines, CINNABSIN can cause side effects, although they do not have to be manifested in everyone. In very rare cases, reactions may occur hypersensitivity such as skin rash and gastrointestinal disturbances after taking Cinnabsin tablets. After taking edicines containing Echinacea have been reported skin rash, pruritus and, in rare cases, swelling of the face, difficulty breathing, dizziness and drop in blood pressure. In that case stop the treatment and consult a doctor. Echinacea can cause allergic reactions in atopic patients (e.g. patients with hay fever, neurodermatitis, allergic asthma).

If salivation increases, reduce dosage or stop taking Cinnabsin.

**Note:** when taking homeopathic medicines, current complaints may temporarily worsen

(initial deterioration of the homeopathic form). In such cases, intake should be stopped and a doctor should be contacted.

#### **Reporting suspected adverse drug effects**

In case of any unwanted reactions after application medicine, it is necessary to inform your doctor or pharmacist. This includes all possible side effects that are not listed in this medication guide, as well as those that are.

## **5. How to store CINNABSIN**

You must keep CINNABSIN out of the reach and sight of children.

CINNABSIN should not be used after the expiry date duration indicated on the blister and packaging. Store the medicine at a temperature of up to 25°C.

## **6. Package contents and additional information**

### **What CINNABSIN contains**

1 tablet (250 mg) contains the following active substances:

- Cinnabaris trit. D3 25 mg
- Hydrastis trit. D3 25 mg
- Kalium bichromicum trit. D3 25 mg
- Echinacea trit. D1 25 mg

Other ingredients are: lactose monohydrate, wheat starch, magnesium stearate.

### **What CINNABSIN looks like and the contents of the package**

Blisters made of PVC and aluminum foil with 20 tablets each.

60 tablets in a cardboard box with instructions for use.

### **Medication dispensing regimen**

The medicine is issued without a prescription.

### **Name and address of marketing authorization holder finished medicine**

Alpen Pharma d.o.o.

Husrefa Redžića 9, 71000 Sarajevo,

Bosnia and Herzegovina

### **Name and address of the drug manufacturer (administrative headquarters)**

Dr. Gustav Klein GmbH & Co. KG

Steinenfeld 3, 77736 Zell am Harmersbach,

Germany

### **Name and address of the manufacturer of the finished medicine**

Dr. Gustav Klein GmbH & Co. KG

Steinenfeld 3, 77736 Zell am Harmersbach,

Germany

### **Number and date of the decision on the permit for placing the finished product drug into market: Decision number: 04-07.3-2-10301/19 from 12/25/2020**

### **Audit date**

May, 2023.