## **INSTRUCTIONS FOR USE**

## **TONSILOTREN**

(12.5 mg + 10 mg + 50 mg + 5 mg + 25 mg) tablets

Atropinum sulfuricum trit. D5, Hepar sulfuris trit. D3, Kalium bichromicum trit. D4, Silicea trit.

D2, Mercurius biodatus trit. D8

# Before using this medicine, read the entire instruction carefully, because it contains important information for you information.

Always take this medicine as described in this leaflet or as your doctor has told you or a pharmacist.

- Save this instruction. You may need to read it again.
- If you need additional information or advice, please contact your pharmacist.
- If you experience any side effects, contact your doctor or pharmacist. This includes possible side effects that are not listed in this manual. Take a look part 4
- Contact your doctor if your condition does not improve after two days or if your condition worsens.

#### Content of this manual

- 1. What is TONSILOTREN and what is it used for
- 2. What you need to know before you start using TONSILOTREN
- 3. How to use TONSILOTREN
- 4. Possible side effects
- 5. How to store TONSILOTREN
- 6. Package contents and additional information

## 1. What is TONSILOTREN and what is it used for

TONSILOTREN is a homeopathic medicine for the treatment of acute and chronic recurrent tonsillitis (tonsillitis), enlarged tonsils in children and for treatment after surgical removal tonsils

TONSILOTREN, a combination of five well-proven homoeopathic single medicinals substances, it is especially suitable for the treatment of inflammation of the lymph nodes surrounding the throat, such as which is, for example, acute pharyngitis, acute catarrhal or tonsillar angina, but also after surgery removal of tonsils (tonsillectomy). Atropinum sulfuricum develops its full effect here in the initial febrile stages with a bright red, burning throat and swollen tonsils, as well as an increased, constant urge to swallow. The remaining four components of the drug TONSILOTREN is supplemented in the treatment of subacute to chronic conditions often monitored increased production of mucus. Mercurius bijodatus is particularly suitable for decongestion swollen pharyngeal and palatine tonsils, as well as lymph nodes around the pharynx. Hepar sulfuris positively affects persistent and recurring inflammations, as well as stabbing pains that spread to the ears. Permanent processes with difficulty in swallowing and enlarged tonsils and polyps respond to Kalium bichromicum. Silicea accelerates the healing of inflammation and reduces the patient's susceptibility to infections, stimulating the immune system. Overall, thanks to the synergistic effect it provides its five active substances, TONSILOTREN ensures efficiency in all stages of inflammation, from initial complaints to remediation of chronic, recurring conditions. TONSILLOTREN is also proved its clinical value in the treatment of enlarged tonsils.

# 2. What you need to know before you start using TONSILOTREN Do not use the medicine TONSILOTREN

- if you are allergic to chromium, mercury or any of the active substances or any other drug ingredient (listed in section 6).
- in children under 2 years old.

# Warnings and precautions

Consult your doctor before using this medicine if you have thyroid disease.

Contact your doctor if:

- Your acute condition does not improve or worsens in the first two days of treatment,
- additional symptoms appear, eg if the body temperature is above 39°C.

# Children

TONSILOTREN is not approved for use in children under 2 years of age.

## Taking other medicines with TONSILOTREN

There are no known interactions with other drugs.

Tell your doctor or pharmacist if you are using, have recently used or there is a possibility that you will use any other medicine.

# Taking food, drink and alcohol with TONSILOTREN

Bad lifestyle habits, as well as stimulants or alcohol and tobacco, can negatively affect the effect homeopathic medicine.

#### Pregnancy and breastfeeding

Before you start using any medicine, consult your doctor.

## Driving vehicles and working on machines

TONSILOTREN has no effect on the ability to drive and operate a motor vehicle machines.

## TONSILOTREN contains lactose (milk sugar) and sucrose.

If your doctor has told you that you have an intolerance to some sugars, contact your doctor first use of this medicine.

# 3. How to use TONSILOTREN

Always use this medicine exactly as described in these instructions or as it suits you explained by your doctor or pharmacist. If you are not completely sure, check with your doctor or a pharmacist. The recommended dose is:

<u>Adults:</u> in acute conditions, 1 tablet is taken every hour, up to a maximum of 12 tablets per day, until improvement occurs. In continuation of therapy or in chronic conditions, 1 to 2 should be taken tablets three times a day.

#### Use in children

<u>Children aged 2 to 6 years:</u> in acute conditions and in continuation of therapy or in chronic conditions conditions should be taken 1 tablet 3 times a day.

Children from 6 to 12 years: in acute conditions, take 1 tablet every 2 hours, until

a maximum of 6 tablets per day, until improvement occurs. In continuation of therapy or in chronic patients conditions should be taken 1 tablet 3 times a day.

Children aged 12 years and older: in acute conditions, 1 tablet should be taken for each child

hour, up to a maximum of 12 tablets per day, until improvement occurs. In continuation of therapy or code chronic conditions should be taken 1 to 2 tablets 3 times a day.

Adults and children with enlarged tonsils take 1 tablet 3 times a day. It is recommended continue the treatment for 6 to 8 weeks.

In chronic and chronic-recurring conditions, repeated therapy has proven to be good times a year for 6 to 8 weeks.

Allow the tablet to dissolve slightly in the mouth.

For small children, the tablets can be crushed and dissolved in a little water.

Do not take this medicine with food and drink. Leave a gap between doses medicine and consumption of food and drink for at least half an hour.

## If you take more TONSILOTREN tablets than you should

There are no adverse effects in case of overdose.

# If you forget to take TONSILOTREN

Do not take a double dose to make up for a missed dose.

# If you stop taking TONSILOTREN

No adverse effects are expected.

In case of any ambiguities or questions regarding the use of this medicine, contact your doctor or pharmacist.

# 4. Possible side effects

Like all other medicines, TONSILOTREN can cause side effects, although not for everyone.

In very rare cases, hypersensitivity reactions such as skin rash may occur. In that case contact your doctor.

In case of increased secretion of saliva, the dose of the drug should be reduced or discontinued TONSILOTREN.

**Note:** During the use of homeopathic medicines, temporary deterioration may occur existing ailments (initial homeopathic aggravation). In such cases, discontinue treatment with TONSILOTREN and consult your doctor.

## Reporting suspected adverse drug effects

In case of any unwanted reactions after the use of the drug, it is necessary to inform Your doctor or pharmacist. This includes all possible side effects that are not listed in this medication guide, as well as those that are.

# 5. How to store TONSILOTREN

Keep this medicine out of the reach and sight of children.

Do not use the medicine after the expiration date stated on the blister and packaging. Deadline duration refers to the last day of the specified month.

Store the medicine at a temperature of up to 25°C.

Do not throw the medicine into the sewer or household waste. Ask your pharmacist how to remove medicines you no longer need. These measures will help protect the environment.

# 6. Package contents and additional information What TONSILOTREN contains:

- 1 tablet contains the following active substances: Atropinum sulfuricum trit. D5 12.5 mg;
   Hepar sulfuris trit. D3 10 mg; Kalium bichromicum trit. D4 50 mg; Silicea trit. D2 5 mg;
   Mercurius biodatus trit. D8 25 mg
- Other ingredients: sucrose, lactose monohydrate, magnesium stearate.

# What the medicine TONSILOTREN looks like and the contents of the package

White or almost white, flat tablets with a facet, may occasionally be slightly mottled Blisters made of PVC and aluminum foil with 20 tablets each.

40 tablets in a cardboard box with instructions for the patient.

# Medication dispensing regimen

The medicine is issued without a prescription.

# Name and address of the drug manufacturer (administrative headquarters)

Dr. Gustav Klein GmbH & Co. KG Steinenfeld 3, 77736 Zell am Harmersbach, Germany

# Name and address of the manufacturer of the finished medicine

Dr. Gustav Klein GmbH & Co. KG Steinenfeld 3, 77736 Zell am Harmersbach, Germany

# Name and address of the holder of the marketing authorization for the finished medicine

Alpen Pharma d.o.o. Husref Redžića 9, 71000 Sarajevo Bosnia and Herzegovina

Number and date of the decision on the permit for placing the finished medicine on the market: 04-07.3-1-2879/21 from 02.12.2022.